

### Useful sentence patterns

- We're prone to...  
我們傾向 (做 / 遭遇某不好的事)。
- I wouldn't take the risk to...  
我不會冒險去 (做某事)。
- ...is / are never my cup of tea.  
我從不喜歡 (某人 / 某事)。
- I can't imagine what would happen if...  
我不敢想像萬一 (某事) 發生會怎樣。
- After the long struggle with public exams, there's nothing better than...!  
沒有什麼比在努力應付考試一段日子過後 (做某事) 更好的了!
- It's easy to get frustrated when...  
當 (某事發生) 時, 人們很易變得沮喪。
- This may better equip teenagers to think outside the box while...  
這有助青年人遇到 (某事) 時, 能夠跳出思想界限。
- It can be impractical to learn the thinking skills and problem-solving skills through...  
透過 (做某事) 去學習思考及解決困難的技巧是不切實際的。
- We can...to equip ourselves with interpersonal skills and organisation skills.  
我們可 (做某事) 來裝備自己, 改善人際關係及組織技巧。

### Vocabulary items and phrases

#### Verbs / verb phrases

consult	徵詢
evaluate	評估
pave the way to sth.	為某事鋪路
pursue one's dream	追尋某人的夢想
sacrifice	犧牲
struggle	奮鬥
think outside the box	跳出思想界限 / 發揮創意
widen sb.'s horizons	擴闊某人的眼界

#### Nouns / noun phrases

backpacker	背包旅客
critical thinking	批判思考
gap	差距
millionaire	百萬富翁
(not) one's cup of tea	(不是) 某人喜歡的類型
Outward Bound	戶外體驗式教學

persistence	堅毅
self-enhancement	自我提升
social norm	社會標準

#### Adjectives

appealing	吸引人的
frustrated	沮喪的
impractical	不切實際的
interpersonal	人際關係的
peaceful	和平的
problem-solving	解決困難的

#### Others

prone to sth. / do sth.	傾向遭遇 / 做不好的事
specialised in sth.	專門研究某事