

(B-3)

(14 marks)

**Bonnie went to Thailand last week. Read one of her diary entries carefully, choose the best answers for Questions 29-34 and complete Question 35.**

20 April 20XX (Wednesday)

Sunny

This Easter holiday, Dad signed me up for a volunteer programme in another country. At first, the organiser told me to volunteer in an elderly home in Vietnam. I wanted to be in nature but not indoors so I asked the organiser to change the activity for me. They then told me I could go to a rice field in Thailand. I liked the idea and accepted the arrangement.

I took a plane to Thailand with one of my classmates, Samantha. When we arrived at the rice field, the Saelims, the family living there, welcomed us warmly. The next day, we woke up at seven and started to work in the rice field after breakfast. Mr Saelim introduced the tools needed to plant rice crops. First he told us to put on rubber boots and used a bucket to carry the rice crops. Then he used a shovel to dig a small hole in the field. He gently placed the rice crop into the hole and covered the hole with mud. We then tried to plant our own rice crops. It was not easy because the mud was very slippery. I was glad I had the rubber boots on. The field was huge and we spent hours planting our crops. It was exhausting! I fell asleep immediately every night when I went to bed. 'I can't believe it's so hard to plant food. I won't waste any of the food on my plate,' said Samantha. Mr Saelim smiled and gave us the thumbs up.

We planted the rice crops all over the rice field in four days. On the final day, Mrs Saelim invited us to her kitchen to teach us some Thai cooking techniques. She shared with us her recipe for Thai dishes like spicy Thai basil chicken and mango sticky rice. For the mango sticky rice, we used the rice Mr Saelim harvested from the field. We had a delicious dinner before heading to the airport. We all learnt a lot from this trip.

Thailand is a wonderful country and I miss every moment there. I learn to cherish our food and not waste any of it. I will stop being a picky eater from now on.