

### Answering Strategy

1. Text type and format – You are asked to write a proposal for the School Sports Department to address the obesity problem among students by arousing their interest in doing sports. In a proposal, you should begin with a title, followed by an introduction, the suggestions as the main content and finally a conclusion. Subheadings can be used for clarity.
2. Genre – It is an expository and persuasive writing. You are expected to propose appropriate ways to arouse students' interest in sports and explain why these ways work.
3. Language and formality – This is a formal writing. You should keep your writing in a humble and polite tone while giving suggestions. Be objective, try to make good use of the passive voice and avoid the use of the first-person narration so that your suggestions and reasoning can appear more convincing. You may use modal verbs like 'should' or 'would', which are commonly used in a proposal, to show politeness to the recipient.
4. Organisation – You should begin the proposal with a proper title. In the introduction, highlight the seriousness of obesity using the survey results. In the body paragraphs, give each of your suggestions a clear subheading. For each suggestion, briefly describe what it is about, its aims and other necessary details. End your proposal by asking the recipient to consider your suggestions seriously.
5. Topic and vocabulary – The topic of this proposal is sports and teenagers. You should have enough relevant ideas and vocabulary items for this topic. You can refer to the following ideas and vocabulary items.

### Useful vocabulary items and expressions

#### Verbs / verb phrases

award	獎勵
cater for	迎合
give careful consideration	慎重考慮
implement	實施
motivate	推動

#### Nouns / noun phrases

award scheme	獎勵計劃
Dodgebee	躲避飛盤
exposure	接觸
heart disease	心臟疾病
Jump Rope for Heart	跳繩強心
Kin-Ball	健球
measure	措施
participation	參與
physique	體格
sack race	麻袋賽跑

#### School Physical Fitness Award Scheme

tug-of-war	學校體適能獎勵計劃
	拔河

#### Adjectives

distinct	獨特的
emerging	新興的
mixed-gender	不分性別的
obese	癡肥的
systematic	有系統的

#### Adverbs

enthusiastically	熱衷地
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#### Others

a variety of	多元的
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