

Complete the exercise below with the words from the word box.

certified	substantial	lived through	unwind	lukewarm
tissue	agitated	exposing...to	vehicle	inflammation
	brings forth	serviceable		

1. According to the tea specialist, a cup of camomile tea can serve to soothe an _____ mind with its calming properties.
2. 'We've been together for six decades,' Mr Wong said, holding the hands of Mrs Wong, 'And, a word of advice: communication not only _____ solutions to problems, but also nurtures a sense of intimacy that would deepen every long-term relationship.'
3. A medical practitioner in Hong Kong usually takes years of postgraduate training to be _____ as a registered specialist.
4. Students are advised not to log on to person accounts on public computers, which may have been infected with viruses or malware, as doing so would mean _____ one's personal information _____ malicious users on the Internet.
5. Gastritis, _____ of the lining of the stomach, can be caused by heavy consumption of spicy food.
6. It seems that the elderly, having _____ enough ups and downs in their lives, are prompted by a sense of moral responsibility to educate youths about life.
7. From the perspective of traditional Chinese medicine, a pregnant woman ought not to have too many cold drinks and should have them replaced by _____ water, which reduces the possibility of miscarriage.
8. 'If you really identify yourself as a "sneakerhead",' said Clarice to her brother, 'I bet you would never think of tossing your sneakers into the bin even if they are threadbare and seem no longer _____.'
9. With the bible verse 'It's more blessed to give than to receive' being his motto, he considers helping others the most _____ mission in life, more even than raising a family, gaining fame, or becoming a billionaire.
10. Soft _____ injuries, like ankle sprains and calf strains, should always be taken seriously, as they, especially the major ones, usually come with pain and swelling that do not go away by themselves in a short period of time.
11. Whenever Timothy tried to _____, he was reminded of the gazing eyes of his professor, whose colour resembled that of a razor blade, staring so intimidatingly into his, as if they were to slice him open. At that, he would have his attention shifted back to his long-overdue essays.
12. 'I started keeping a diary at the age of eight, and that's the best decision I've ever made in all these sixty-two years. Looking back, I have been served well by this excellent _____ for going back in time to see what my younger self used to think,' said the respected writer.