

STEAM

Unit 13

Online Reference Materials:

Form: Webpages

Title: Pros and cons of an environmentally-friendly diet

Introduction:

Are you passionate about adopting environmentally-friendly eating habits and making a positive impact on both your health and the planet? Let's explore insightful resources from conscious eating groups that aim to increase awareness about sustainable food choices. You can uncover the significant impact our food choices have on the environment and discover simple adjustments that can pave the way for a more sustainable future.

Click the links below and embark on a journey towards greener, more conscious eating:

1. Sustainable Restaurant Association

<https://www.thesra.org/>

2. Green Monday Hong Kong

<https://greenmonday.org/en/>

3. Green Queen

<https://www.greenqueen.com.hk/>

4. Meatless Mondays

<https://www.meatlessmonday.com/>

5. Hong Kong Organic Resource Centre (HKORC)

<http://www.hkorc.org/>