

## THEME

### Unit 6

#### Online Reference Materials:

Form: Useful sentence patterns for expressing gratitude

Title: Expressing gratitude

#### Introduction:

Do you want to spice up your expressions of gratitude? There are many ways to say thanks that go beyond the usual 'thank you' or 'thanks'. How do you usually show your appreciation when someone does something nice for you? Do you have any go-to phrases that make others feel special? Let's dive into some awesome alternatives together that can make expressing gratitude feel more personal.

- When someone does something nice for you, a heartfelt **'I really appreciate it.'** is a wonderful way to convey your gratitude.
- If a friend helps you out, make them feel special by saying **'You're the best.'**
- When someone does you a significant favour, a casual and appreciative **'I owe you one.'** is a great way to express thanks.
- To maintain a relaxed and laid-back tone, you can use phrases like **'Thanks a bunch.'** or **'Thanks a ton.'**

#### Below are more ways to express gratitude:

**1. I'm grateful / thankful for / to / that ...**

e.g. *I'm grateful to my teacher for showing me helpful study techniques that improved my grades.*

**2. I appreciate that / the fact that / [indirect order] / how ...**

e.g. *I appreciate the fact that my parents support my extracurricular activities and always encourage me to pursue my passions.*

**3. I feel blessed that / to / for / with ...**

e.g. *I feel blessed to have such caring and supporting friends who are always there for me during both good and tough times.*

**4. I count my blessings...**

e.g. *I count my blessing when I think about how fortunate I am to have a loving family and a safe home to come back to every day.*

**5. I count my blessing twice that ...**

e.g. *I count my blessing twice that I have opportunities to explore my interests and discover my talents.*

**6. I'm fortunate...**

e.g. *I'm fortunate to have amazing mentors who inspire me and guide me in my personal development.*

**7. I'm indebted...**

e.g. *I'm indebted to my older sibling for helping me with my homework and offering advice on navigating school challenges.*